

BIODECODING® LEVEL 1 TRAINING

Overview



Hi. Welcome to your roadmap for the **Level One training**. Once you buckle your seatbelt, you can sit back and enjoy the ride!

This full certification training comprises 5 modules, and the first module is known as the Starter Course. It is divided into 2 sections:

- The first section consists of 18 lessons and introduces you to the foundational concepts that support Biodecoding.
- The second section introduces you to the **biological decoding of the organs** of the endodermic layer.

Once you have completed the first 10 lessons of the first section, you will be able to attend the first Module 1 Group Mentoring Webinar to ask any questions you may have and learn the first foundational therapeutic protocols.

What you will find in each lesson

Each lesson throughout the entire training course includes the following:

- A brief written summary of the video content
- One or more videos where Christian Flèche explains a specific concept using graphics and examples of real case studies.
- A downloadable PDF document which summarizes the topic explained in the lesson.
- A quiz to self-evaluate your integration of the fundamental points of the lesson.
- On occasion, extra supporting materials to deepen your knowledge

Breakdown of video content (This is just a partial list of the topics covered)

MODULE 1

The evolution of Biodecoding®; the biological purpose of disease; the different “logics” in us; the 3 levels of survival; the tripolarity of psyche, brain, organ; finding the bio-target & bio-shock; importance of identifying the primary needs; the different types of conflicts: triggering, programming, structuring; the Procrustian conflict (aka the therapist’s conflict); the first biological stage: Brain stem, organs and conflicts of the endoderm. (this

+ 6 therapeutic protocols

MODULE 2

From Freud to Biodecoding®; The 5 levels of therapy; the real cause of allergies; the two nervous systems; the two biological phases of disease; the four psychological phases of disease; the epileptoid crisis; inflammation and its decoding; the ‘hanging conflict’; self-triggering conflict; the role of fear; decoding of chronic disease, organ failure & germs and infection; the second biological stage: cerebellum, organs and conflicts of the old mesoderm

+ 5 therapeutic protocols

MODULE 3

The brain & neurons: anatomy and functions; headaches, migraines and cephalgia – conflicts and therapy; decoding of cancer; Christian Flèche’s original concept of “the eraser and ink pot”; the third biological stage: cerebral medulla, organs and conflicts of the old mesoderm

+ 5 therapeutic protocols

MODULE 4

Medication and drugs & their effects in the different phases; the concept of laterality: right-handedness and left-handedness; “locking” and limiting conflicts; the concept of the “Biological Portal” -- the signature method for decoding symptoms; the fourth biological stage: cerebral cortex, organs and conflicts of the ectoderm; hormonal status: cause and effect; the decoding of pain; notion of pre-conflict: introduction to beliefs and constellations; introduction to “predicates” -- words that reveal conflicts

+ 5 therapeutic protocols

MODULE 5 – EVALUATION FOR CERTIFICATION

Conception and birth: decoding and conflicts; consequences of vagotonia: how to manage them in therapy; ingredients for a successful therapy; becoming a therapist; Biodecoding® Therapist's Consulting Chart; steps in a Biodecoding® session; client intake form; preparation for evaluation as a Biodecoding® Counselor; student evaluations

+ 4 therapeutic protocols

Note: Upon completion of Level 1 and a successful evaluation, students earn a certificate as a Biodecoding® Coach from the Biodecoding School of Christian Flèche.